

CANLYNIADAU ATHLETAU Y SIR
NOS FERCHER, 26^{ain} MEHEFIN 2019

CLWB	100M MERCHED 14	100M BECHGYN 14	100M MERCHED 18	100M BECHGYN 18	100M MERCHED 26	100M BECHGYN 26	800M MERCHED 14	800M BECHGYN 14	800M MERCHED 18	800M BECHGYN 18	800M MERCHED 26	800M BECHGYN 26	4 X 100M MERCHED 14	4 X 100M BECHGYN 14	4 X 100M MERCHED 18	4 X 100M BECHGYN 18	4 X 100M MERCHED 26	4 X 100M BECHGYN 26	100M ARWEINYDDION	100M CYSWLLT	NAID HIR MERCHED 14	NAID HIR NECHGYN 14	NAID HIR MERCHED 18	NAID HIR BECHGYN 18	NAID HIR MERCHED 26	NAID HIR BECHGYN 26	SHOT PUT MERCHED 14	SHOT PUT BECHGYN 14	SHOT PUT MERCHED 18	SHOT PUT NECHGYN 18	SHOT PUT MERCHED 26	SHOT PUT BECHGYN 26	CYFANSWM	SAFLE
CAERWEDROS		3	1	5	5						1	1					3	4	1						5	2		5		2	5	5	48	5
FELINFACH	1	1	1	5	4	4	2	2	2	4	3	3	2	2	4	4		5	4		3	1	1	3	3	5	1	4	1	3	1	4	83	1
LLANDDEINIOL	5		3	1							5					2.5	2				2		1				4	4		2			31.5	9
LLANDDEWI BREFI	1		4				4		5		4		2	1.5	1.5	2.5					4		5	4					1				39.5	8
LLANGWRYFON	1				2		4		4	2	2.5					1	1.5				1				4	1				1	3	28	10	
LLANWENOG	4		2	1	2		3	5	1		1	4		1.5		1	2	5		1	1	2	2	4	1	2		5		4	1	55.5	4	
LLEDROD	3	5	1	2	3	1	5	1	5	3		1	2.5	5			2.5	1	2		1	5	3	1		3	3	2	1	1		1	64	2
MYDROILYN	2	1			1		4				2	5		2			1		1	5	1	2	1	5	2		5				3		43	6
PONTSIAN				1				1																									2	12
TALYBONT	1	2	1	4		3	1	3	3	1		1	3	3	5	2.5		1.5	3		1	3	1	1		1	1	3	3	5		2	59	3
TREGARON		4	5	3										2		1.5	4			4	5	4	4	1				2		1		40.5	7	
TRISANT									2							1.5													4				7.5	11

MARCIAU - 1af - 5

2il - 4

3ydd - 3

4ydd: - 2

Cystadlu - 1